



Firefighter Medical Follow-Up Form  
Diabetes

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Dear Doctor:** The employee named above was seen by our staff for a Firefighting Clearance Examination. In order for a Firefighter to obtain or maintain certification when a medical condition is present, the patient must obtain medical follow-up from his/her personal physician documenting that the condition is diagnosed, treated, and under control.

The employee has been informed of the rationale for this follow up request. By signing below, he/she gives approval to WorkFit Medical, LLC to share documentation concerning this case with his/her personal physician.

We thank you in advance for completing this form and faxing it back to WorkFit Medical, LLC at one of the fax numbers listed below.

Employee Signature \_\_\_\_\_ Date: \_\_\_\_\_

Comments/Conditions: **Diabetes or Glucosuria**

- Dipstick urinalysis shows glucosuria (\_\_\_\_\_)
  - Patient carries the diagnosis of Diabetes. Please comment on stability AND include most current lab results.
- Requested by: \_\_\_\_\_

**Please Complete and Verify:**

1. The above named patient is under my medical supervision for the above condition and has been seen at my office within the last 6 months.  Yes  No Date of last visit: \_\_\_\_\_
2. Is the patient diabetic?  Yes  No Last HgbA1C Date Drawn \_\_\_\_\_ Results \_\_\_\_\_
3. Has the condition been addressed or treated and stabilized?  Yes  No  
(If no, please comment on stability of the condition) \_\_\_\_\_
4. Current Treatment (if medications, please attach list) \_\_\_\_\_
5. Is patient compliant with treatment?  Yes  No
6. Within the past 2 years, have there been any episodes of hypo or hyperglycemia that have required emergency treatment?  
 Yes  No
7. In your opinion, can the above stated patient safely work as a firefighter without restrictions?  Yes  No  
Comments: \_\_\_\_\_
8. Does this patient have any other condition which would interfere with his/her ability to work as a firefighter?  
 Yes  No (if yes, what?) \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Doctor's Printed Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_  
 Office Street Address: \_\_\_\_\_ Office Fax: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**(WorkFit use only)**

- Date Reviewed: \_\_\_\_\_  Employee meets follow-up requirements for \_\_\_\_ months.
- Provider Signature: \_\_\_\_\_  Employee does not meet follow-up requirements.
- Other: \_\_\_\_\_

**\*\*\*Must Be Filled out and Returned by \_\_\_\_\_\*\*\***

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